

Ascott Village Charity Present 2013 Ascott-u-Wychwood Charity Run

10k Multi Terrain and 5k Fun Run/Walk on Sunday 27th October.

The Race starts 10.30am from the Recreation Ground, High Street
It is a challenging course set in the beautiful Evenlode Valley.

Car parking, changing and shower facilities, and refreshments are available and there are Prizes.

Entry fees:

10k (min age 15) - **£8** (£10 on the day)

5k - **£5** (£6 on the day)

Closing date for postal entries is **19th October 2013**

Late entries will be accepted on the day before 10am.

Entry forms from

www.ascott-under-wychwood.org.uk

Cotswold Decorative and Fine Arts Society

The Cotswold Decorative and Fine Arts Society announces that their lecture on **October 9th** will be *True Colours? How art influences the way we think about textile colours.*

The lecturer is Dr Susan Kay-Williams, Chief Executive of the Royal School of Needlework. This lecture illustrates the differences between what colours painters could achieve and what dyers could achieve.

Then on **Wednesday, November 13th** the lecture will be *The Identification of*

Oriental Rugs and Carpets by Robert Gowland. This lecture is about identifying rugs by construction, materials and dyes, and finishes with a brief journey through the main rug weaving areas of the world.

Lectures take place at Bradwell Village Hall, Burford OX18 4XF and begin at 11.00am. Complimentary coffee and tea are available from 10.15 to 10.45am. Non-members are very welcome (suggested donation £8). For more information please see our website: www.cotswolddfas.org.

Dementia Friendly Communities

Would you like to make your community Dementia Friendly? Get involved with the Dementia Friendly Communities project through ORCC and we can help you to do just that. We can help you galvanise support for making your local community dementia friendly. We can provide *free* training to give you a better understanding of dementia and we can help you to devise a practical plan that will make a

difference for those living with dementia in your area

We need your help to make communities across Oxfordshire better places for people with dementia to live.

To find out how you can make a difference contact Beth Weston at: ORCCC on beth.weston@oxonrcc.org.uk or: 01865 883488”

Beth Weston