

Introducing our New Badminton Coach

Hello, my name is James Livingstone and I have agreed to take on the badminton coaching held at the New Beaconsfield Hall from September 2012. I thought it would be useful to let you know a little about myself! I am originally from Standlake and lived and went to school in this area. I learnt to play badminton in Standlake village hall and played in Witney under the coaching of Pip Cartwright. I completed my community sports leadership award while at school and helped coach the after-school clubs. I also began work at Windrush Leisure Centre, completing the then level one badminton



coaching award to run a group there whilst I finished my A-levels. I left Oxfordshire in 1998 to study IT and Science at University in Canterbury where I played badminton and became president of the Badminton club in my final year. In 2009, I began playing for a new Badminton club at Kings School, Canterbury, which was being coached by the

performance director for Kent Badminton, Edward Strilesky. Eddie asked me if I wanted to coach- yes! Kent Badminton and the Kings School then assisted me to complete my new Level 1 coaching award and Level 2 coaching award.

James Livingstone

Milly's Bikes for Africa

In Britain, millions of bikes are thrown away or lie unused in sheds, whilst many people in Africa have no means of transport at all. It takes hours of walking to collect water and firewood or to access healthcare and schools. A bicycle can cut travel time and carry passengers or heavy loads. Some are even made into ambulances. I would like to thank those who donated bikes for my 'Bikes for Africa appeal'. I am very grateful, as were the staff at Action Bikes and the Re-cycle organisation. In total 15 bikes were collected from the Wychwoods and the

surrounding area and taken to Action



Bikes in London, from here they were transported to Africa. The organisation originally aimed to send 40,000 bikes by the end of 2011 but had only 39,340 since shipping started in 1998, so

they stretched out the deadline. On 4th August, 412 bikes were shipped out from London and arrived in Ghana on 15th September. Your bikes can make a huge difference. To donate a bike or find out more go to: www.actionbikes.co.uk.

Milly Light, Age 14