

SWYCH Report: How to Hypermile

I've just done 40 more miles than usual on my last tank full of petrol, simply by taking my foot off the accelerator when going down hills.

The cool new term for economical driving is Hypermiling. It's a brilliant way to save petrol and save money, and of course is good for the environment.

Tips from www.hypermiler.co.uk can give you up to a 40% increase in your miles per gallon. Here are a few of them to get you thinking;

Keep the car regularly maintained and serviced; keep your tyre pressures correct; keep the air conditioning off, it can increase fuel consumption by 10%. Slow down! A reduction of 20mph can increase your mpg by 45%; turn off the engine in traffic jams – you're doing zero mpg while it's on and going nowhere!

Even without hypermiling, there's a great way to save petrol - Drive less! Help save the 233 bus route!

Our next Swap Shop is in the Wychwood School hall on **Saturday Sept 18th** from **10am to 12 noon**.

We will have a *crop swap* table for your autumn glut of vegetables, fruit and chutneys. Find a home for those unwanted bits and pieces; books, toys, bikes and good quality clothes, and pick up some Christmas surprises. We are unable to accept any electrical items. No money changes hands and you don't need to bring anything to swap.

We have now recycled 6,000 Tetrapaks, and 3,800 household batteries! Please keep it up - every little helps. The Tetrapak bin is in the back yard of No 1 The Sands; the battery box is in the Co-op Store in Milton. We would welcome anyone who would like to join our group to help make the Wychwoods more sustainable. For more information, please phone: 01993 831909.

Heather Shute for SWYCH

Rotary Club of Kingham and Daylesford

A new club is welcoming new members. Ladies and even partner couples are very welcome. We meet in Kingham (not far from the Wychwoods) on **alternate Wednesdays and Saturday mornings**. Come along without any obligation and meet like minded people who enjoy "putting something back". You will be very welcome.

Don't wait to be invited. Call Paul Jackson on: 01608 658 500 or Kay Shortland (Milton-Under-Wychwood) on: 01993 832 927 www.kinghamrotary.org.uk

Fifield and Idbury News

A Flute and Harp Recital was held in Fifield Church on May 14th, with marvellous performances by James Gregory and Gillian Tangay. Rogation was once an essential of Parish life, when crops were blessed and the vicar ensured that the Parish knew its own boundaries. On Sunday 16th May we held Rogation Field and Farm Sunday in Fifield. The congregation met at the church of St. John

the Baptist and then walked around Fifield House Farm. We heard about the amazing Nut Orchard, still containing some original trees and dating from around 1380, when the Manor of Fifield was given to the Abbott of Bruern Abbey. The walk finished with refreshments in the Parish Hall. Don't forget our bunting is available to hire. Contact me on: 01993 831881. **Catherine Hitchens**