

## Beauty Spot Goes Partying

First skin needs to look good underneath. Use an exfoliator to give foundation a smoother look. Then use moisturiser to stop foundation disappearing and changing colour. To give an instant lift to the skin and relax expression lines use either Susan Molyneux's Renu Flash Relax Mask or Clarins Beauty Flash Balm. A foundation primer, hides lines, diminishes open pores and grabs the foundation to help it last. Once you have applied your foundation use a concealer for areas that require more coverage. Next use loose powder to seal, translucent is best to give a natural look and not change the colour. Use a large make-up brush to apply, gently dust using light strokes paying particular attention to shiny areas.

### Eyes to Hypnotise

As a base for eyeshadow I always use Clinique's Touch Base for Eyes in canvas, it stops it from creasing. Use three colours; a pale colour over lower eyelid in soft pink or bronze, then a highlighter under your brow either pearl or cream. This time of year use something shimmery or glittery, however be very careful how much sparkle you use as it can age eyes. To contour and shape eyes use a smoky grey or brown, apply lightly along the crease of your eye about a quarter of the way, then to the corner then a third along the eyelid in a "v" shape, then blend to take away hard lines. To emphasise your eyes and for a dramatic look use a black liquid liner or pencil under the eye, apply close to lashes, corner to corner, finishing with a slight flick up at the sides. For a more



subtle look use a grey or lavender pencil only half way under and over and use a cotton bud to blend. For tired eyes use a white pencil inside the lower rim of the eye. Next to frame your eyes you need a brow pencil, pluck any unwanted hairs under your brow bone following the natural line, lightly stroke a brow-shaping powder or pencil over brows. Two or three coats of black mascara will give a dramatic effect, or for a subtle look use black on the top lashes and brown on the bottom.

### The Final Touches

Lipstick finishes your party look. First use a lip pencil similar to your lipstick. Apply using light feathery strokes around your natural lip line, then fill in the whole lip area to act as a base to your lipstick. Apply your choice of lip colour with a lip brush. To add a party look use a small amount of lip-gloss in the middle of your bottom lip and then massage lips together. I always leave blusher to the last so you can apply just the right amount; you don't want to look like Aunt Sally! The simple rule for applying blusher is use a colour that suits your tone. Apply powder with a small brush, take a little amount and gently sweep over the apple of your cheek. My final health note is if your skin is showing signs of suffering from the party season, drink at least eight glasses of water a day to flush your system. This will give your skin and eyes a clearer, brighter appearance and diminish dark circles.

**Heather Edwards**  
**The Beauty Room**  
**Milton under Wychwood**