

## Feedback

Please may I add to the comments made by Richard Hartley in your last issue of *The Wychwood*? Like a number of farms in this area we have entered the countryside stewardship scheme as a result of which we leave six metre margins around our cereal fields. The purpose of this is to increase and encourage biodiversity and in some places to create a margin between the crops and housing.

We too face a constant struggle with irresponsible dog owners who allow their animals to run wild even during the nesting season. Being a keen walker myself, I can understand why walkers, seeing an inviting strip of grass, are tempted to take advantage of it but when I explain why they should not be walking

there and why they should anyway keep their dogs under control I receive a mixed response. In Bruern Woods we have partly solved the problem by issuing access permits but only last week I found two people walking there without permission and with four dogs running all over the place. I also found the remains of a picnic in a plastic bag.

I, too, would respectfully ask walkers to keep off the stewardship strips and to keep their dogs on leads. It is in the interest of all of us who live in the countryside to encourage wildlife and, anyway, there are a vast number of footpaths available to all.

**David Astor,  
Bruern Farm**

## New Classes at New Beaconsfield Hall

**Fitness Pilates** starts **Wednesday 9th September 11.30am to 12.25pm.**

Beginners/all abilities welcomed.

Class size is limited so call Maura on: 07766 147839. Fitness Pilates is a unique exercise technique that conditions the deep core muscles of the body and improves posture and alignment by strengthening the abdominal muscles and spine. Pilates is suitable for all ages and fitness abilities.

**Tai Chi** starts its **autumn term on Friday 25<sup>th</sup> September** 1 to 2pm until 11<sup>th</sup> December with no sessions on 23<sup>rd</sup> and 30<sup>th</sup> October because of half term.

**Spring Term** will run from 15<sup>th</sup> January 2010 until 26<sup>th</sup> March 2010 with no session on the 19<sup>th</sup> February for half term.

**Summer Term** starts on **30<sup>th</sup> April** until **9<sup>th</sup> July 2010** with no session on 4<sup>th</sup> June for half term. Tai Chi is accessible to all

ages and physical abilities and can be practised on many levels, from a simple 'meditative' exercise to a realistic martial art! Tai Chi helps to increase flexibility, suppleness and exercise the muscles. The smooth, gentle movements also aid relaxation.

**Computer Course** for beginners starting this September. Date and time to be confirmed. Spaces will be limited.

**Badminton Courses for Children:** Mondays and Fridays - Age 8 to 16 years Cost £28.00 to £32.00 depending on the day and session. All classes are organised and conducted by Level 2 Badminton Coach Jean Kloos. Children will learn the rules of the game in a fun and safe environment.

For enrolment forms and further information please contact Lee at The New Beaconsfield Hall: 01993 832216.

**Lee Wyatt-Buchan**