

Prebendal Heroines Receive Honours

One of the highlights of the annual Christmas Party at Prebendal this year was the presentation of the framed commendation certificates awarded to five members of staff for their



heroic work during the flood of 20th July 2007. Thankfully, since that dreadful time, flood barriers have been erected, which will prevent flood waters from ever entering the building in the future. This must give great peace of mind to the residents and staff alike.

Royal Humane Society Awards

In the photograph, Malcolm Cochrane, in his capacity as Vice Lord Lieutenant of Oxfordshire, is presenting the Royal Humane Society Awards to (from left to right) Pat Foote, Anita Chacko and Jean Selby. The patron of the Royal Humane Society is Her Majesty the Queen, and the President is Her Royal Highness Princess Alexandra.

Pat Foote is a Registered Nurse, who lives in Swindon, and managed to get through the floods in order to be on duty during the fateful night of 20th July. She

has worked at Prebendal since September 2003, and is renowned for her calm handling of extreme situations.

Anita Chacko is also a Registered Nurse. She

lives in Witney, but originated from Southern India, where she was used to monsoons, but never expected one here! She is very sweet, gentle and diligent.

Jean Selby has been a care assistant at Prebendal for nearly ten years, and lives in Milton. She is mature, calm, reliable and caring.

Debbie Symmonds and **Susan Swift** also received awards but are not shown in the photograph. Debbie originated from South Africa, and played a major role in rescuing residents in Prebendal Court. Susan was the Deputy Manager at the time of the flood, and kept up the spirits of the entire team with her great sense of humour.

The owners of the Prebendal, the residents and the local community are all very proud of our heroines. Well done girls!

Peggy Walmsley

Mind in Chipping Norton

Mind in Chipping Norton offers support and information to adults suffering from a range of mental health issues. To find out more please call: 01608 645296 and speak to Di or Jo, or email: mindinchippingnorton@oxfordshire-mind.org.uk

The centre is at St Mary's Parish Rooms, Bottom of Church Street, Chipping Norton
Open Tuesdays 10.00am to 3.30pm and Fridays noon to 3.30pm
Women's Wellbeing Group Fridays 10.00am to noon.