

The Christmas Beauty Spot

The party season is upon us, so, to go with that little black dress here are some seasonal beauty tips

First, skin needs to look good, use an exfoliating scrub with rounded beads in a cream base to gently remove flaky dry skin to reveal a fresher, smoother, younger looking skin. This will also help moisturiser to be absorbed more easily so foundation glides on evenly and smoother. Choose a make-up base to match your skin tone.

Next use a loose translucent powder to make your base last. Use a large make-up brush, gently dust over the face using light strokes up and down, paying particular attention to areas that show the most shine.

Jeepers Creepers!

Next are eyes, I always use Clinique's Touch Base for Eyes, in canvas tone, as a base for my eye shadow. As for eye-shadow colour, I suggest three colours; first a pale colour over your lower eyelid up to the crease then a pale or pearl highlighter under your brow and finally dark grey or brown to contour your eyes, use this very lightly and blend so there are no hard lines.

Next is eyeliner to emphasise your eyes. For a dramatic look use a black liquid liner or pencil under the eye, as close to the lashes as you can, from each corner of the eye underneath and then above, finishing with a slight flick at the sides. For a more subtle look use a grey or lavender pencil halfway under the eye and then a third on top of the lid, again close to the lashes, then blend to give a more subtle line. Mascara is next, use eyelash curlers, holding for ten seconds

then apply two to three coats of a lash - building mascara, if you tend to find mascara runs when you get hot use a waterproof mascara. To finish your eye look, pluck away any unwanted brows first following the natural line of your brows, then use either a brow-shaping powder or brow pencil to lightly stroke over the brows to frame your eyes.



Kisses Galore

To achieve the best party look and to help your lipstick last, use a lip pencil, similar to your lip colour or lipstick. Then fill in over the whole lip area. Use a lip brush to apply your choice of lip colour, the colour for me this time of year has to be red! Finally, use a lip-gloss similar to your lipstick for that kissable pout!

To complete your party make up, blusher is key. Powder is the easiest to use, so take a small brush, apply a light amount and gently sweep over the apple of your cheek.

All that is left is to put on your party frock and choose your signature perfume. A tip from Coco Chanel is to spray above your head and walk into the veil of perfume; she also says that you should wear perfume wherever you would like to be kissed!

Finally let your hair down and enjoy your party!

Heather Edwards

The Beauty Room

Milton under Wychwood

01993 832446

www.beautybyheather.co.uk