

Chip Off the Old Block

Ruari Scott

After two generations and 70 years we thought that with the retirement of Dr Sandy there would be an end to a Scott presence and involvement in the general medical care of the people of the Wychwoods and surrounding villages. But we were wrong!

There is a new kid on the block, but rather than mainstream medicine,

Ruari Scott is an Osteopath who has recently started work at the Breakspeare Clinic in Milton.



has guest lectured at the University of Edinburgh in Osteopathic practise and is medical lecturer of Naturopathic Medicine in Edinburgh. Moving back south, he has started at the Breakspeare Clinic, bringing his osteopathic skills to blend with those of the Physiotherapists. He also works in the

Abingdon and Didcot clinics.

He is passionate about Osteopathy, while agreeing that it is complimentary to mainstream medicine.

Everest to Earth

After school in Oxford and Marlborough, Ruari spent his gap year in Nepal, where he taught English to mixed aged classes ranging from four to twenty at one of Sir Edmund Hillary's schools high in the Himalayas at 13,000 feet with a back drop to Everest in the distance. One day a week he packed his books and walked the ten miles to a hydro-electric construction camp higher up the valley where he taught English to a group of Indian construction workers, returning in time for morning lessons the next day. Back on earth, he first read Geology at Edinburgh but his developing interest in medical sciences took him into the path of osteopathy. He studied for a further four years at the British School of Osteopathy in London, gaining a first class degree and then returned to hone his skills for two years in Edinburgh. He

Therapy For all Ages

When asked to elaborate on his work and the whole concept of osteopathy, he became animated: "Osteopathy is a complete and distinctive system of health care, focusing on the musculo-skeletal system, through which it can affect all the other systems and functions of the body. In the event of damage there is a typical localised and painful response. With time, most of this damage will settle but in some cases a hands-on physical approach can help to 'kick-start' the healing process. We are proud to be recognised as a very safe and effective therapy for all ages and conditions." So we now have a third generation of Scott continuing in the health care of the Wychwoods.

We wish him all the best for the future.

Christine Halliday