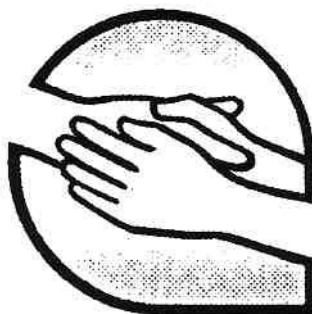


The Oxfordshire Befriending Network



Volunteers supporting people with a life-threatening illness at home

Do you want to be a volunteer?

We train, match and support volunteer Befrienders who visit people with a life-threatening illness in Oxfordshire.

Befriending can be demanding but also immensely rewarding.

For more information or to get an application form, please 'phone Catherine Gundry and Sue Taylor on 01865-316200.

Volunteering

Volunteers can come from all backgrounds, and be any age over 18. Befriending doesn't suit everyone, and so prospective volunteers go through a careful process of selection.

What do Befrienders do?

The Befriender might:

- ☐ Meet weekly to listen, talk and just be with the Befriender. Social and emotional support is often what is needed most
- ☐ Accompany the befriender on hospital visits or other trips.
- ☐ Provide a link with local health & social services and help research other sources of help and advice. The Befriender's visit can often provide a much needed break for carers & relatives.