

## **Age Concern Oxfordshire: a guide to our services**

Age Concern Oxfordshire provides information, advice, advocacy, services and support for anyone in Oxfordshire over the Age of Fifty!

Our current projects include:

### **The Phone Link Service**

A telephone lifeline for the isolated, lonely, frail or housebound older person. Trained volunteers call the individual for a friendly chat on a regular basis. If you know of anyone who would benefit from this innovative 'phone befriending' scheme, please call Lester Lee on 01865 240619.

### **Advice Helpline**

A dedicated team, providing the best in information and advice. We have a comprehensive library of information and can send out (free) factsheets on over 40 subjects that deal with just about any issue affecting older people. All calls are dealt with sensitively, sympathetically and in total confidence. Call 01865 240619.

### **Field Advisers**

Trained volunteers who can visit older people countywide. Our advisers can sort out benefit claims, act as advocates, help with housing issues and access services. This service is free, impartial and confidential. Number as above.

### **Parish Links**

Many parishes in the county now have a Parish Link person. These provide a two-way information service; letting us know what help you need, and giving you access to all the information, advice and services we can deliver. This project supports and informs the activities of many "Good Neighbours" groups throughout the county as well as individual links. If you don't have a Parish Link or don't know who it is please call Julian Backhouse (number as above).

### **Other Services**

We also run dedicated services for people with mental health problems. Day Centres, the Home from Home service and shopping in Oxford and Didcot.

If you would like to know more, to volunteer or even to make a donation, please contact us at: The Lodge, Rivermead Centre, Abingdon Road, Oxford, OX1 4XD. Telephone 01865 240619.

Age Concern is a registered charity. No.268017.