



**CHILDREN AT SCHOOL?
NEWLY RETIRED?
TIME ON YOUR HANDS?**

VOLUNTEERING IS A REWARDING EXPERIENCE

WHY NOT TRY IT?

Chipping Norton Area Volunteer Centre, under the auspices of 'Volunteer Connection', was set up in October 1990 and now has in excess of 100 volunteers. 'Volunteer Connection' matches people with various needs in and around Chipping Norton to others who are willing to meet those needs voluntarily.

Do you have a little time to spare? Could you help?

We always need more volunteers but our greatest difficulty is helping those who live in the villages surrounding Chipping Norton. Volunteers are paid a mileage rate for the use of their cars which is payable by the client but this often makes our help prohibitive when volunteers have to travel to and from Chipping Norton.

What do we do as volunteers?

Car Drivers use their own cars to provide essential transport to the elderly and those without their own transport to doctors' surgeries, dental surgeries, hospitals, hairdressers, taking a client shopping etc. A mileage allowance is paid to the driver.

Some of our clients are housebound and need someone to do their shopping for them or may need their pension collected. Or it maybe that they just need a regular visit and someone to talk to over a cup of tea.

Most of us enjoy our gardens but for the housebound and elderly a garden can be a source of frustration and worry. We, as volunteers, are unable to help with large gardening tasks but are sometimes able to help by mowing a lawn, clipping a hedge or simple tidying up and planting. Likewise in the home we may be able to help with those small 'do-it-yourself' tasks which are so costly to put right if paid help has to be employed.

I would like to see groups of volunteers in the villages linked to 'Volunteer Connection' by their own volunteer co-ordinator. When requests were received in or around a particular village I would then have a contact within the area to help me find a suitable volunteer. **A volunteer always has the right to say 'no' so please don't feel that you would be pressurised into doing more than you want to.** If you are interested in registering as a volunteer or setting up your own village care group as part of our 'Village Volunteering Project', please contact:

Moirira Cross (tel. 01608 641177)

The 'Volunteer Connection' office at 73 Burford Road, Chipping Norton
is open from **10a.m.-1p.m. Monday-Friday.**

There are so many ways you could help if you could spare a little of your time