## OXFORDSHIRE HEALTH AUTHORITY

## HEALTH HELPLINE TARGETS PEOPLE LIVING IN RURAL AREAS

Oxfordshire Health Authority provides a free and confidential health information service which can be reached by calling freephone 0880 665544. The service which is run by the Health Trust is available to everyone and is open from Monday to Friday between 9.00am and 5.00pm.

The Health Information Service can provide details of local and national self-help support groups, local NHS services, information on medical conditions and treatments to complement medical advice, Patient's Charter Information. Local hospital waiting times and healthy lifestyle information. Information can be given over the telephone or sent out by first class post. Also available to callers is a free postal book/video loan service.

"People may want to find out more about a diagnosed health condition or maybe join a self-help or support group. They may want to know more about NHS services in their area. We hope people living in rural areas who may find it difficult to find out this information will take advantage of our easily accessible service", says Fiona Stobie, Health Information Service Manager.

"Our service gives callers a simple, confidential and direct way of getting the up-to-date information they need to help them make informed decisions about their health".

For further information contact:

Tracy Dighton, Communications manager, Oxfordshire Health Authority, Richards Building, Old Road, Headington, Oxford OX3 7LG.

Tel: 01865 227026 Fax: 01865 226834

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## CALLING ALL EX SHIPTON UNDER WYCHWOOD LAWN TENNIS CLUB MEMBERS 1950

Are you, or any ex-members you know of, interested in a reunion / get together of members next year (1998).

If so, contact John Rawlins, "Sunnyside", Shipton Road, Milton under Wychwood, Oxford. Tel. 01993 830668 or

Rose Tibbitts, "Wychwood", 2 Saunders Close, Watlington, Oxford OX9 5QY. Tel. 01491 612287

Rose Tibbitts.