

## **VOLUNTEER ADVOCATES REQUIRED.**

The West Oxfordshire Citizen Advocacy (CITAD for short) is seeking to recruit volunteers to work at building up one-to-one relationships with people who are not able to express effectively their needs and feelings. No special experience or qualifications are required - just commitment to share yourself and some of your time with someone else. CITAD would support you throughout your partnership, offer training if appropriate, and help in cases of difficulty. You could find that you receive more than you give.

Here are some recent instances of volunteer advocates being a voice for their partners:

'A resident of a group home was going to be moved - he didn't want to go. The advocate spoke up on behalf of his partner and sent a letter about his findings to the Care Manager. The move did not take place.'

'An advocate has discussed with a Home Manager ways to allow his partner more choice in purchasing personal items and having control over personal spending money'

'An advocate supported her partner in a conflict with family when it was thought she was being denied her basic rights. The situation was resolved and on-going support is being given.'

If you would like more in formation - then please ring or write to -

**Anthony Richards, Co-ordinator,  
West Oxfordshire Citizen Advocacy,  
PO Box 138, Witney OX8 5YJ. Tel. Witney (01993) 704826**



**British Red Cross**

**"Expand your horizons with the British Red Cross."**

Would you like to change your perspective on life and make friends at the same time?

We are looking for local fund-raisers and volunteer drivers. Full training will be given and all expenses paid.

Interested? Please contact Linda Chapman, if you are interested in fund-raising, on 01865 557377 or Alan James, if you are willing to spend a few hours a week driving for a worthwhile cause, on 01865 225622.