

WOMEN TAKE UP THE BUSINESS CHALLENGE



Returning to work after a long absence can be a real challenge. At Thames Business Advice Centre we regularly meet women who not only want to return to work but to do so by setting up their own business.

Women wishing to meet this double challenge are invited to attend a "Women Returners" course aimed at those who feel they lack the relevant knowledge, skills or confidence to set out on the road to self employment.

The course runs during term time from 09.30 am to 2.30 pm two days a week for three weeks to allow women to meet family commitments. The fees are affordable at £20 plus VAT.

Delegates learn to launch commercial concerns from assessing cashflow to writing a business plan and from market research to selling skills. Women on past courses have set up various ventures from reflexology, garden design and management recruitment to book keeping services.

TBAC run business start up courses across Oxfordshire but only the Women Returners has sessions on confidence building and assertiveness. These are presented by Joanna Cross from Wantage who attended the course herself in March 1993 and now works as a freelance trainer.

The next course, sponsored by Legal and General, starts on February 26th.

Women interested in joining should contact Sheila Cox at Thames Business Advice Centre on 01865 249279.

SHIPTON-UNDER-WYCHWOOD EVERGREEN CLUB

After the winter break and party, we resume meetings at the beginning of April. Anyone over 55 years of age is more than welcome to join us – just come along. Meetings are always on Wednesdays, from 2.30 pm to 4.30 pm, in the Parish Hall.

Our programme for April and May is:-

- April 3rd A.G.M.
- 17th Outing to Castle Combe and Lacock.
- May 1st Talk by Mrs. Joy Newman, "Moments in my Life".
- 15th Slides and talk by Mrs. S.Cobb, "Flowers of Austria".
- 29th Outing to Bath.

At present we have not planned our competitions, but these will be decided by the time that our programmes are printed.